

PATIENT PARTICIPATION GROUP NEWSLETTER

September 2026



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What is a PPG?

A Patient Participation Group (PPG) is a group of people who are patients of the surgery and want to help it work as well as it can for patients, doctors and staff. Have your say, join today.

FLU/COVID

It's that time of year where Flu and COVID Vaccines will become available. All eligible patients will be sent a text to book in, so please make sure we have your correct mobile number. Our main clinic for this will be held on Saturday 3rd October. You can book in for your flu or covid vaccine now, please contact the surgery to book. We encourage all eligible patients to have your vaccine done at the surgery, with clinicians who have access to your records and in a much safer environment than a Pharmacy etc.

CHAIR CORNER

A word from our PPG Chair



Hi, I'm Amy, I have been a patient at Hamilton Medical Centre for over 23 years and Chair of the PPG for 2 years and am exploring ways to make this more accessible to all patients so we hope you enjoy this newsletter and make the next meeting. My passion is community work, asset-based community development and tackling health inequalities to make Birkenhead a healthier and happier place to live, work, learn and play. I am co-founder of Make it Happen, a community-based CIC based in Birkenhead. In my spare time I enjoy socialising, music, exercising, cooking and the outdoors. I am proud to be PPG Chair and hope I can help flourish and develop our patient group. I would encourage all patients who want a say or be involved in future healthcare plans with the practice to join the PPG. Can I also remind all patients eligible for a Flu and COVID vaccine to get yours booked in as soon as possible at the Practice. Flu season starts soon and we encourage patients to have your vaccine at your local practice. Have a fantastic and healthy Autumn and Winter - Amy Butterworth (PPG Chair)

DOCTOR UPDATE

Unfortunately, from the 1st August we said goodbye to 3 of our placement Doctors. Dr Nicole Crossley, Dr Allie Pirmohamed and Dr Nana Amankwah. Dr Crossley and Pirmohamed had been with us for 2 years during their Foundation year 1 and year 2 training, fitted in really well with staff and especially patients and will be missed by all, we wish them all the very best for the future and their new positions within the hospital and NHS. Dr Nana Amankwah has finished her 4 month placement with us and has gone back to Arrows Park Hospital to continue her rotation training.

On the upside, we have had 3 new Doctors joining us. We welcome Dr Amber Boileau-Bennett and Dr Catherine Doherty to the team. They will be with us for the next 2 years on placement. We also welcome Dr William Mottram, who joins us on a 4 month placement from the hospital. I'm sure all will settle in quickly and will be an asset to the surgery during their time with us.

SAVE THE DATE

The next Meeting for
PPG Members is
Monday 14th September 2026 at 6pm
Please join our PPG for an invitation



For more information on our PPG,
or how to get involved, visit our
website

www.hamiltonmedicalcentre.com

Or scan the QR code



NHS APP

With more features and investment being made to the NHS App, NHS England are encouraging everyone to install, register and use the NHS app. You can view your medical records, order prescriptions and many more features through the app. The surgery will also be sending more and more important messages through to the app. For more details please visit www.nhs.uk/nhsapp/

To use the NHS App, you must be aged 13 or over and registered with a GP surgery in England. We require a copy of ID before access is granted.



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PRIDE IN PLACE

Pride in Place is a UK wide programme investing £20 million over ten years in Central Birkenhead. This long-term investment is to support communities in shaping their local area and addressing what the priorities are for residents. With this residents, businesses and community groups will deliver real improvements that matter to local people. This is led by local people and backed by the UK government. The aim is for communities to be able to spend the funding on what matters most to them. Keep your eyes peeled for opportunities to have your say to contribute to the plan that will be proposed in November.

SELF HELP AND MISC

Did you know, you can access a variety of Self Help and Advice via PACO on our website homepage.

Carers

Are you a carer? Do you have a carer? Do you need more information on what help is available for you? Please visit WIRED website www.wired.me.uk or call 0151 522 7990

Feedback Welcome

If you have any feedback regarding the practice or the PPG, please email to cmicb-wi.hamilton@nhs.net

SELF HELP AND ADVICE

Carers alliance: <https://www.wirralcarersalliance.com>

Veterans: <https://www.britishlegion.org.uk>

Local food banks: <https://wirral.foodbank.org.uk>

Wirral Multicultural Organisation: <https://wmo.org.uk>

family support: <https://familytoolbox.co.uk>

A large amount of medicines are wasted in Cheshire and Merseyside each year.
We need your help to reduce this

Repeat prescriptions?



**Only order
what you need.**



If you have enough medicine at home,
there's no need to order now.
You can request more in future.